SWIM TEST POLICY

The City of Mission Viejo Recreation and Fitness Centers at Montanoso and Sierra require all youth under the age of 12 to take a swim and ability test. This test will help to ensure the safety of our public pool patrons and assist our lifeguards with identifying swimmers who are not capable of swimming in the deep end. The test is required with every entry into the "rec swim" hours of operation at both the Montanoso and Sierra Recreation and Fitness Centers.

- Every person under the age of 12 must take a swim test in order to swim in the deep end of the Montanoso and Sierra pools.
- The swim test is a 25-yard swim from the shallow to the deep end.
- The swim test may be done in any stroke and can allow for floating on back and kicking.
- The swim test requires the swimmer to not touch the bottom or side walls of the pool while completing the 25-yard swim.
- The swim test is done daily, there is no log.
- The swim test may be repeated (3x total) if a swimmer does not pass the first time (must wait 30 minutes between tests).
- Wristbands will be provided for those that pass the swim test. They are considered deep-water competent swimmers and may access all parts of the pool.
- Lifeguards will do swim tests at the beginning of rec swim and on an as needed basis'/with additional lifeguard availability.

NON-SWIMMER POLICY

- Youth non-swimmers as determined by the swim test must have a responsible adult with them in the water (within arm's reach).
- Patrons who do not pass the swim test are considered non-swimmers.
- Patrons who decline to take the swim test are considered non-swimmers.
- Non-swimmers must stay in shallow water (marked by the 4'6" black line on the bottom of the pool) and require active adult supervision.
- Active adult supervision means an adult must be in the water within arm's reach at all times (1 adult per 2 children ratio).
- Coast Guard Approved swim vests or puddle jumpers are allowed for non-simmers for use in shallow water. Parental supervision is still required.