MISSION VIEJO

Open Lap Swim Schedule

Montanoso Recreation & Fitness

Day	Time	Lap Swim Lanes
Mon - Fri	5:30 am-Noon & 7:30 pm-8:45pm	6 Lanes
Mon - Fri	Noon-1 pm	3 Lanes
Mon - Fri	1 pm-3:30 pm	6 Lanes
Mon - Fri	3:30 pm-7:30 pm	3 Lanes
Saturday	7:30 am-Noon	3 Lanes
Saturday	Noon-6:45 pm	4 Lanes
Sunday	7:30 am-10:30 am	6 Lanes
Sunday	10:30am-6:45pm*	4-6 Lanes

*Open lanes depend on irec swim participants

Sierra Recreation & Fitness

Day	Time	Lap Swim Lanes
Mon & Wed	5:30 am-7:40 am / 10:30 am-3:30 pm / 7:30 pm-8:45pm	8 Lanes
Mon & Wed	9:10 am-10:30 am / 6:30 pm-7:30 pm	2 Lanes
Tues & Thurs	5:30 am-8:50 am / 10:30 am-3:30 pm / 7:30 pm-8:45pm	8 Lanes
Tues & Thurs	9 am-10am / 6:45 pm-7:30 pm	4 Lanes
Tues & Thurs	5:45 pm-6:45 pm	2 Lanes
Friday	5:30 am-7 am	3 Lanes
Friday	7 am-7:30am / 10:30 am-3:30 pm / 7:30 pm-8:45pm	8 Lanes
Friday	9:10 am-10:30 am	2 Lanes
Friday	6:30 pm-7:30 pm	4 Lanes
Saturday	7 am-8 am	8 Lanes
Saturday	8 am-9 am / 10 am-11 am	4 Lanes
Saturday	11 am-6:45 pm*	4-6 Lanes
Sunday	7am-10:30am	8 Lanes
Sunday	10:30 am-6:45 pm*	4-6 Lanes

*Open lanes depend on water slide usage and rec swim participants

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Sierra Recreation
26887 Recodo Lane

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Montanoso Recreation
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