



STOP THE BLEED[®]



SAVE A LIFE

See Something, Do Something, Improve Survival.

**ANYONE CAN ACT AS AN
IMMEDIATE RESPONDER
AND SAVE LIVES WITH
THIS TRAINING.**

**LEARN IMPORTANT
BASICS TO HELP WITH
THE SURVIVAL OF A
VICTIM WHO IS BLEEDING.**

Massive bleeding can occur from various causes, but especially from an active shooter or explosive event. Victims can quickly die from uncontrolled bleeding if not attended to within 5 to 10 minutes.

Similar to how the general public has learned to perform CPR, we must learn proper bleeding control techniques, including use of hands, dressing and a tourniquet.

Stop the bleed program was initiated by the American College of Surgeons and the Hartford Consensus and is taught by Mission Hospital's trauma team. A certification of completion and a take home reference booklet is included.

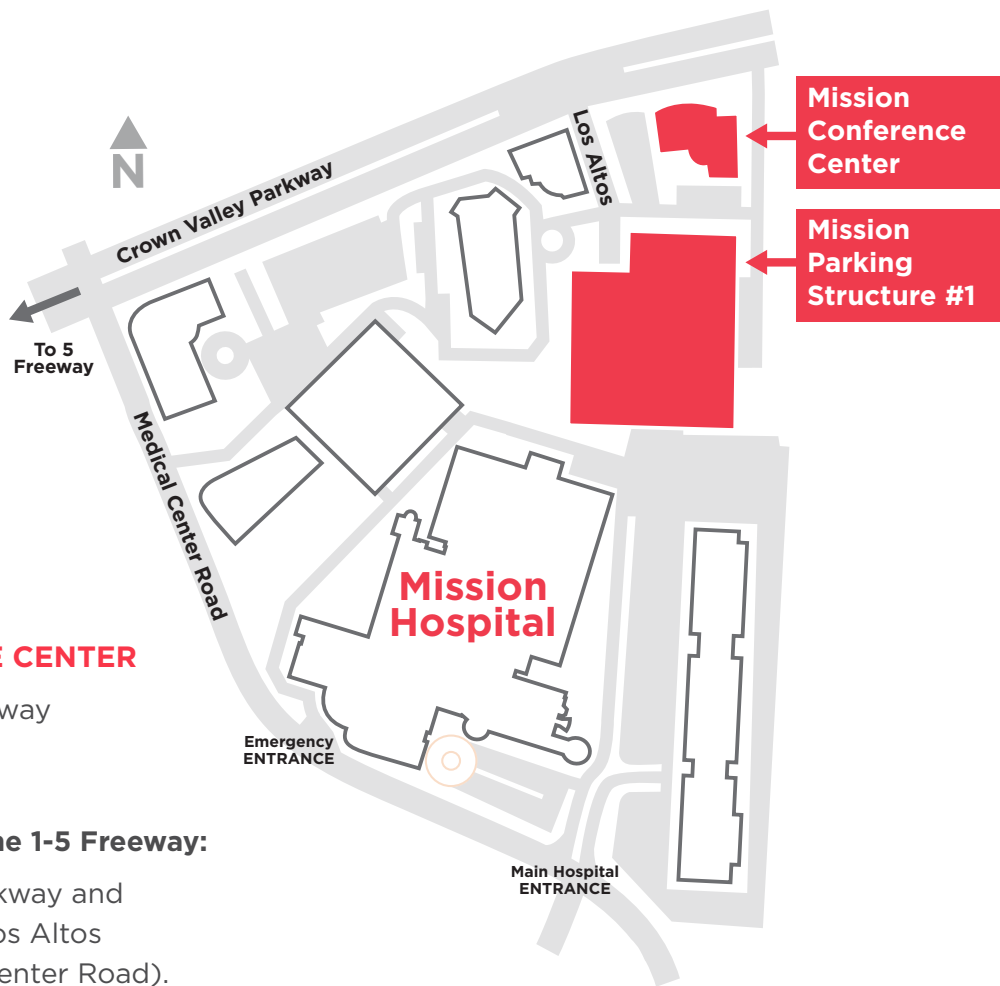
- › Fee: **Free** in the month of February and March.
- › Registration required.
(877) 459-3627 or **Mission4Health.com**
and click on classes and events
- › Space is limited to 25. If class is full, the next available class will be offered.

Mission Conference Center
26726 Crown Valley Parkway
Mission Viejo, CA 92691

Classes offered monthly on Wednesdays, 6 to 8:30 p.m.

Feb 28 | March 28 | April 25 | May 23 | June 27 | July 25 | Aug 22 | Sept 26 | Oct 24 | Nov 28

St. Joseph Health 
Mission Hospital



MISSION CONFERENCE CENTER

26726 Crown Valley Parkway
Mission Viejo, CA 92691

Directions by car from the 1-5 Freeway:

Exit on Crown Valley Parkway and head East. Turn right a Los Altos (one light past Medical Center Road).

Parking available in Mission Parking Structure #1.

Parking will be validated.

NATIONAL STOP THE BLEED DAY ! March 31st



Raffles

Join us for this Educational Class and Trauma Awareness Event !

Prizes

Gifts



Learn important basics on how you could help with the survival of a victim who is bleeding

Giveaways



Who should take this class, and why? Massive bleeding can occur from any cause, but particularly from an active shooter or explosive event where a response is delayed can result in death. Similar to how the general public has learned and performs CPR, we must learn proper bleeding control techniques, including how to use their hands, dressings, and tourniquets. Victims can quickly die from uncontrolled bleeding, within five to 10 minutes.

However, **anyone at the scene can act as immediate responder and save lives if they know what to do.** Stop the Bleed program educates participants about general bleeding control initiated by the American College of Surgeons and the Hartford Consensus. Mission Hospital Trauma team members lead this course, which will include hands on skill stations, video information, and a certificate upon completion. Recommended for ages 18 and up.

Saturday, March 31, 2018

10:00 a.m. to 12:30 p.m. – National Stop the Bleed Day!

Free

Mission Conference Center – (directions on back)

PHONE REGISTRATION IS REQUIRED! CLASS SPACE IS LIMITED

Call: 949 364-1400 – Ext. 7573

Provide First & Last Name, phone contact, and Email

Notification of confirmation sent to first 40 callers!



BLEEDINGCONTROL.ORG



St. Joseph Health
Mission Hospital
Trauma



Contact Us

Directions for Stop the Bleed course location

Mission Hospital Conference Center - off Crown Valley Parkway

NOT IN the hospital!

Please arrive a few minutes early for check-in (Map not to scale)

Conference Center is Located off Crown Valley Parkway, Right below the Head & Neck Associates (same building – 1st floor)

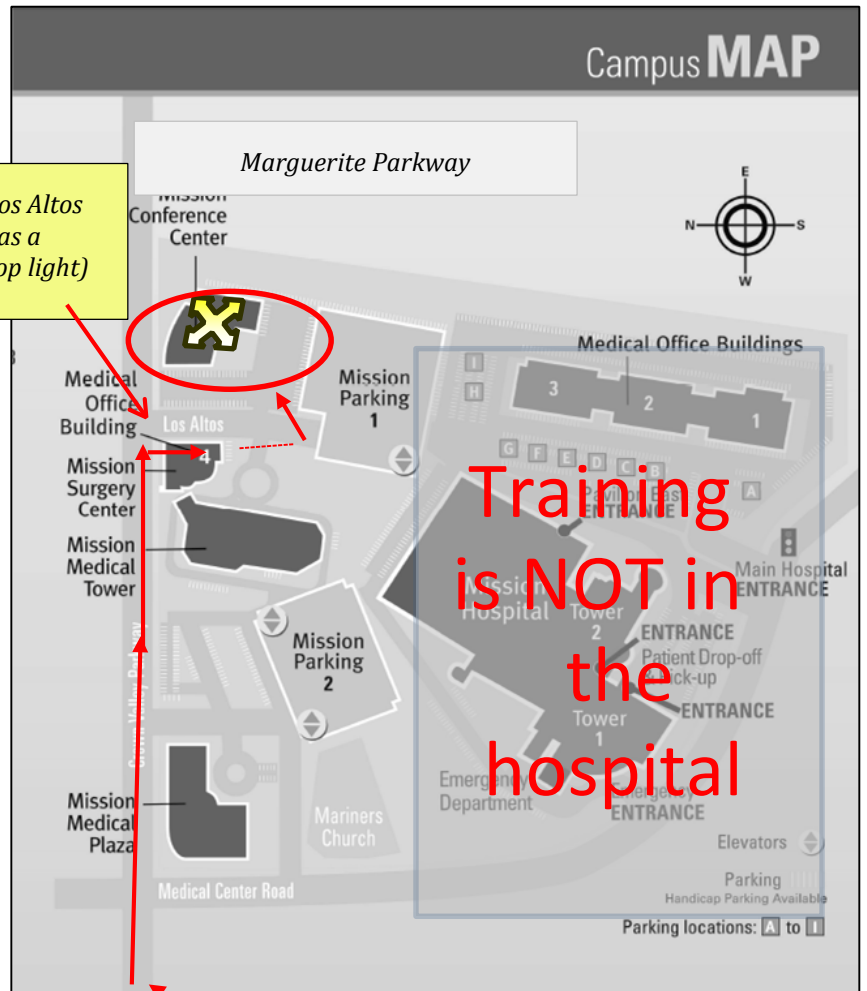
Yellow "X" marks the spot where the s training is held in rooms D, E, and F – Look for signs

From the freeway: Exit on to **Crown Valley** pass Medical Center Road and **turn right** onto **Los Altos** (signal light) Take a ticket into the parking structure.

Once in parking structure, stay on the bottom floor and turn to the LEFT to find the entrance to the Conference Center. You can park in the parking structure or outside in front of the building. (Take a ticket for parking, fees for parking will covered)

26726 Crown Valley Parkway
Mission Viejo, CA 92691

Directly below the Head & Neck Associates Offices – Same building, on the bottom fl



Training is NOT in the hospital

Crown Valley Parkway

DO NOT GO THE MAIN hospital campus for this training! – See map –Location is off Crown Valley Pkwy & Los Altos

