

Community Engagement

OC Prescription Abuse Coalition (OCPAC)

- Mission: Offer resources and information on the prescription drug use and trends and assist drug abuse prevention efforts throughout OC.
- Meetings: quarterly; some virtual
- Contact: Orange County Health Care Agency, Della Lisi Kerr, 714-834-2192 dlsisi@ochca.com

OC Substance Abuse Prevention Network (OCSAPN)

- Mission: Promote and enhance the quality, quantity, coordination and cooperation of prevention services via Orange County Department of Education
- Meetings: monthly; contact for more info.
- Contact: Orange County Department of Education Steven Lambert, slambert@ocde.us, 714-966-4412 ocprevention.org

Partners 4 Wellness (National Council on Alcoholism and Drug Dependence)

- Mission: Facilitates member participation in local alcohol and drug prevention efforts and trainings; comprised of public/private sector members in Dana Point, Laguna Beach and other cities.
- Virtual meetings: second Wednesday/month;
- Contact: David Paddison, dpaddison@p4w.org 949-595-2288, ext. 324 partners4wellness.org

OC Alcohol & Drug Advisory Board (OCADAB)

- Mission: updates from OC Health Care Agency and guest speakers.
- Meetings: first Thursday/month, 9 am;
- Contact: ohealthinfo.com/bhs for information/location

Parent Resources

Warning signs of possible drug use:

- Physical indicators: smell of alcohol or smoke; red eyes and constricted pupils, or dilated and unfocused pupils; changes in appetite or sleep patterns; dramatic weight gain or loss
- Behavioral signs: dramatic change in school attendance and grades; sudden changes in relationships and hobbies; missing money or valuables
- Psychological indicators: confusing changes in personality and attitude; lack of motivation and increased agitation
- Room Check: discovery of tin foil, plastic baggies, small spoons, cut up straws; candy or gum wrappers.

The Partnership

- drugfree.org - 800-560-1904

Get Smart About Drugs

- getsmartaboutdrugs.gov

Raising Healthy Teens | Mission Hospital

- raisinghealthyteens.org

Partners 4 Wellness (NCADD)

- partners4wellness.org - 949-595-2288

National Institute on Drug Abuse (NIDA)

- drugabuse.gov

Parents—The Antidrug

- theantidrug.com

Fentanyl Is Forever

- fentanylisforeveroc.org

Support Services

Substance Abuse Resources

Dial “2-1-1” or 888-660-4357

After School Intervention & Resiliency Education (ASPIRE)

ages 13-17

Providence Hospital – Laguna Beach
Free assessment 949-499-7504

California Youth Services (CYS)

calyouthservices.org - 949-303-9016

Crisis Intervention Services

OC Navigator-County Database

Mental Health Substance Abuse Resources
ocnavigator.org/m/ocn

OC Links-County Referral Services

24-hour 855-625-4657

Partners 4 Wellness (NCADD-OC)

partners4wellness.org - 949-595-2288

Substance Abuse and Mental Health Services

Administration (SAMHSA): 800-622-4357

MEDICINE DISPOSAL SERVICES

- Non-controlled substances such as over-the-counter medicines and medications can be disposed of at the Norman P. Murray Community and Senior Center, 24932 Veterans Way, Mission Viejo, 949-470-3062.
- Controlled substances such as narcotics and prescriptions can be destroyed in three different ways: OCSD Annual Medication Take Back Days; the Home Remedy method described in this brochure, or dropped off at Laguna Niguel Police Services at 30111 Crown Valley Parkway, Laguna Niguel, 949-362-4346.



MISSION VIEJO



Mission Viejo Drug Abuse Prevention & Resources

2024

Mission Viejo Drug Abuse Prevention



Background:

In 2017, the Mission Viejo City Council initiated the Mission Viejo Drug Abuse Prevention Coalition (MVDAPC) to prevent the spread of opioid and drug abuse within the City. In 2020, the coalition focused its drug abuse prevention messaging through sponsorship and promotion of educational workshops, townhalls and community outreach.

Mission:

City staff coordinates with drug abuse prevention agencies, Mission Viejo Police Services and community advocates to offer:

- Education on local drug abuse trends
- Information on the causes and prevention of addictive behaviors leading to drug abuse.
- Techniques/resources/ programs for drug abuse prevention and community wellness.
- Education on recovery services including the use of naloxone (Narcan) and Medication Assisted Treatment (MAT).

Technical Advisors/Resources:

- Orange County Health Care Agency (OCHCA)
- Partners 4 Wellness (formerly National Council on Alcoholism and Drug Dependence (NCADD) Orange County)
- Mission Viejo Police Services: (MVPS)
- Drug Enforcement Administration (DEA)
- Get Smart About Drugs

City Contact:
 Leslie Rea-McDonald, Supervisor
 City of Mission Viejo, 200 Civic Center
lmcdonald@cityofmissionviejo.org
 949-470-8412

Educational Outreach

Monitor, Secure and Destroy (MSD):
 Prepare and distribute home remedy samples with instructions on why and how to safely destroy unwanted pills at home:

- Place medications into a zip lock bag.
- Pour hot water/coffee into the bag.
- Insert kitty litter or dirt into the bag.
- Seal and place in trash bin.

Walk Against Drugs and Community Fair:

Saturday, October 19 - 8 am - Noon

- Mission Viejo High School (Walk)
- Norman P. Murray Center/Village Green (Community Fair) Drug abuse awareness and prevention; local trends; support, recovery and rescue resources.
- Mission Viejo Police Services - 949-579-8433

Drug Education Workshops and Outreach:

- Youth Drug Abuse Prevention Expos
- Opioid / Fentanyl Townhalls
- National Night Out - Community Outreach
- Networking events with Mission Hospital, stakeholders and advocates to spread awareness of substance abuse and provide resources
- Naloxone/Narcan information/distribution sites
- Educational presentations

Support of Youth Resiliency Programs:

The Noble Path Foundation: Aim High
 A free seven-week course on healthy adolescent decision-making, coping skills, leadership, drug trend awareness with fun activities.
 Contact info@thenoblepathfoundation.org

Western Youth Services (WYS)
 Youth Resiliency workshops for youth/parents to prevent drug abuse.
westernyouthservices.org - 888-312-0406



SOLACE FOR HOPE

SOLACE for Hope - South OC is a safe place to share feelings and experiences. This group supports those who have lost a loved one due to substance use disorder and people who currently struggle with a loved one's substance abuse.

Program Details:

- Support group for all affected by substance abuse
- Training and distribution of naloxone to prevent opioid-related overdose deaths

Meeting Details:

Second/Fourth Wednesdays
 7-8:30 pm
 Norman P. Murray Community Center
 24932 Veterans Way, Mission Viejo

Contact Details:

solaceforhope.org
 949-264-2015

If you are worried about you or a loved one, call the Substance Abuse and Mental Health Services Administration (SAMHSA) National 24-hour Helpline 800-622-4357 for information and referrals.