Wellness Checks
949-470-3062
Mission Viejo seniors 65+ and people with disabilities can receive a scheduled weekly call to check-in, provide resources, answer questions and share ideas. Register yourself or a loved one.

Helping Hands
https://helpinghands.community
Helping Hands is a nonprofit organization dedicated to serving those most vulnerable to COVID-19: senior citizens, the immunocompromised, and people with pre-existing medical conditions which put them at additional risk. Their community of volunteers deliver groceries, medicine, and other supplies.

OC Office on Aging Information & Assistance Call Center
1-800-510-2020
Available to assist seniors who may not have access to food and other necessities as they self-isolate to avoid exposure to the coronavirus (COVID-19).

OC Senior Resources: 2-1-1 Orange County
By dialing 2-1-1, you are linked to a live, highly trained information and referral specialist who will help you navigate through your situation by assessing your needs and then matching you to the most appropriate resources in your community. Assistance is confidential and offered in more than 170 languages.

If dialing 2-1-1 does not work from your phone, you can also dial:
◇ 1-888-600-HELP / 1-888-600-4357 (toll-free)
◇ 1-949-646-HELP / 1-949-646-4357 (local)
◇ Text your zip code to 898211 to receive 2-way live texting Monday-Friday 8 am - 6 pm.

Jewish Federation & Family Services Orange County
https://jewishorangecounty.org/get-involved/volunteer
Seniors who need assistance with picking up groceries or prescriptions can click on the link above to apply. In the question box asking which congregation you belong to, enter City of MV. The volunteer will setup an online Zoom meeting with you to walk you through the service. Participating seniors are required to pay for their groceries and prescriptions.
Food Pantries:

1. Abiding Savior Lutheran Church — El Toro
949-830-1460 / 23262 El Toro Road, Lake Forest
Monday–Thursday 9–11 am
Info: Open to all OC residents; bring ID; pantry food only; pre-bagged

2. Coast Hills Church
949-362-0079 / 5 Pursuit, Aliso Viejo
May 2, May 9 & May 16 / 8 am until supplies are gone
Info: Pre-bagged items; no eligibility; ID suggested; Drive-through

3. Families Forward
949-552-2727 / 78 Thomas, Irvine
Mon-Fri / 10 am - 2 pm
Info: Drive-through; pre-bagged, pantry food; no appt needed/ all individuals in need

4. FAM - Family Assistance Ministries
949-492-8477 / 1030 Calle Negocio #G, San Clemente
Must be pre-registered; Call ahead for food reservations; bring ID and proof of residency; Mon-Fri / 10 am—2:30 pm; service ends at 3 pm
Info: Info: Serving areas from Lake Forest to San Clemente Only; pre-bagged food; pre-bagged food
Senior Food Delivery Hotline: 492-8477 #125

5. Laguna Food Pantry
949-497-7121 / 20652 Laguna Canyon Rd, Laguna Beach
Mon-Fri / 8 am-10:30 am
Info: Pre-packaged, Drive-through or walk-up; no eligibility; call for weekly updates

6. Mercy Warehouse
949-910-0024 / 27632 El Lazo, Suite A, Laguna Niguel
Mon 4 - 6 pm; Wed & Fri 12 - 2 pm
Info: Drive-up; pre-packaged pantry food; call for updates

7. Saddleback Church at the PEACE Center
For homebound food, supplies and resource assistance, please complete a form using the link below. Food will be left on doorsteps; delivery volunteers will not enter the home.
◊ Saddleback Care / 949-609-8211
◊ https://saddlebackchurch.wufoo.com/forms/saddleback-church-covid19-support-form/
NEW: must provide ID for each food recipient i.e. - all family members

8. Saddleback Church Food Pantries - DRIVE-THROUGH ONLY
949-609-8111 / 1 Purpose Drive, Lake Forest
Tuesday & Thursday: 10 am – 1 pm
Wednesday: 1 pm – 4 pm
Saturday: 9 am – 11 am

9. Saint Kilian's Food Pantry
949-586-4440 / 26872 Estanciero, Mission Viejo
Tues 10 am—1:30 pm; Friday 8:30 am—12 pm
Info: pre-packaged groceries and supplies on first-come, first-served basis. No appt needed; ID and proof of address requested
New: Recipients are requested to visit only pantry once a month.

10. Second Harvest Food Bank Drive-Through Food Pantry
2695 E Katella Ave, Anaheim (Honda Center)
Every Saturday ongoing / 9 am – Noon

11. South County Outreach
949-380-8144 #207 (Food Appointment Hotline)
7 Whatney, Suite B, Irvine
Mon-Fri
Info: Appointment required; pre-bagged food; serving South County only

For further assistance, call the Norman P. Murray Center at 949-470-3062 and leave a message. Your message will be returned within 24 hours Monday—Friday.
Volunteer Opportunities:

2-1-1 OC
volunteer@211oc.org
https://211oc.org/get-involved/volunteer-opportunities.html
Community outreach and referral specialist

Age Well Senior Services
949-855-9766
Assembling meals

Helping Hands
https://helpinghands.community
Volunteer to help: Are you healthy and ready to help your neighbors? Create a profile on our website. You’ll then be able to see things people need delivered and can select the neighbors you’d like to help.

Jewish Federation & Family Services Orange County
https://jewishorangecounty.org/get-involved/volunteer
Pick up and delivery service for seniors’ groceries and prescriptions

OC Food Bank – Community Action Partnership
https://capoc.volunteerhub.com
Packing food boxes and food distribution

Mercy House
https://mercyhouse.net/portfolios/emergency-shelter-volunteer/
Emergency shelter volunteer

Saddleback Church
foodpantry@saddleback.com
https://saddleback.com/connect/ministry/food-pantry
Food pantry assistance & food rescue drivers

Second Harvest Food Bank
https://feedoc.org/volunteer/
949-208-3176 or 949-208-3178
Food box delivery and food distribution

For further assistance, call the Norman P. Murray Center at 949-470-3062 and leave a message. Your message will be returned within 24 hours Monday—Friday.