

## General Resources:

### Wellness Checks

949-470-3062

Mission Viejo seniors 65+ and people with disabilities can receive a scheduled weekly call to check-in, provide resources, answer questions and share ideas. Register yourself or a loved one.

### Helping Hands

<https://helpinghands.community>

Helping Hands is a nonprofit organization dedicated to serving those most vulnerable to COVID-19: senior citizens, the immunocompromised, and people with pre-existing medical conditions which put them at additional risk. Their community of volunteers deliver groceries, medicine, and other supplies.

### OC Office on Aging Information & Assistance Call Center

1-800-510-2020

Available to assist seniors who may not have access to food and other necessities as they self-isolate to avoid exposure to the coronavirus (COVID-19).

### OC Senior Resources: 2-1-1 Orange County

By dialing **2-1-1**, you are linked to a live, highly trained information and referral specialist who will help you navigate through your situation by assessing your needs and then matching you to the most appropriate resources in your community. Assistance is confidential and offered in more than 170 languages.

If dialing 2-1-1 does not work from your phone, you can also dial:

- ◇ 1-888-600-HELP / 1-888-600-4357 (toll-free)
- ◇ 1-949-646-HELP / 1-949-646-4357 (local)
- ◇ Text your zip code to 898211 to receive 2-way live texting Monday-Friday 8 am - 6 pm.

### Jewish Federation & Family Services Orange County

<https://jewishorangecounty.org/get-involved/volunteer>

Seniors who need assistance with picking up groceries or prescriptions can click on the link above to apply. In the question box asking which congregation you belong to, enter City of MV. The volunteer will setup an online Zoom meeting with you to walk you through the service. Participating seniors are required to pay for their groceries and prescriptions.

## Food Pantries:

### 1. Abiding Savior Lutheran Church —El Toro

949-830-1460 / 23262 El Toro Road, Lake Forest  
Monday – Thursday 9–11 am  
Info: Open to all OC residents; bring ID; pantry food only; pre-bagged

### 2. Coast Hills Church

949-362-0079 / 5 Pursuit, Aliso Viejo  
May 2, May 9 & May 16 / 8 am until supplies are gone  
Info: Pre-bagged items; no eligibility; ID suggested;  
Drive-through

### 3. Families Forward

949-552-2727 / 78 Thomas, Irvine  
Mon-Fri / 10 am - 2 pm  
Info: Drive-through; pre-bagged, pantry food; no appt needed/ all individuals in need

### 4. FAM - Family Assistance Ministries

949-492-8477 / 1030 Calle Negocio #G, San Clemente  
Must be pre-registered; Call ahead for food reservations; bring ID and proof of residency; Mon-Fri / 10 am–2:30 pm; service ends at 3 pm  
Info: Info: Serving areas from Lake Forest to San Clemente Only; pre-bagged food; pre-bagged food  
Senior Food Delivery Hotline: 492-8477 #125  
**Needs:** Hand sanitizer, wipes, disinfectant spray, masks, cash donations, food pantry donations and toilet paper

### 5. Laguna Food Pantry

949-497-7121 / 20652 Laguna Canyon Rd, Laguna Beach  
Mon-Fri / 8 am-10:30 am  
Info: Pre-packaged, Drive-through or walk-up; no eligibility; call for weekly updates  
**Needs:** Monetary donations, face masks and new plastic shopping bags

### 6. Mercy Warehouse

949-910-0024 / 27632 El Lazo, Suite A, Laguna Niguel  
Mon 4 - 6 pm; Wed & Fri 12 - 2 pm  
Info: Drive-up; pre-packaged pantry food; call for updates

### 7. Saddleback Church at the PEACE Center

For homebound food, supplies and resource assistance, please complete a form using the link below. Food will be left on doorsteps; delivery volunteers will not enter the home.

◇ Saddleback Care / 949-609-8211

◇ <https://saddlebackchurch.wufoo.com/forms/saddleback-church-covid19-support-form/>

NEW: must provide ID for each food recipient i.e. - all family members

### 8. Saddleback Church Food Pantries - DRIVE-THROUGH ONLY

949-609-8111 / 1 Purpose Drive, Lake Forest  
Tuesday & Thursday: 10 am – 1 pm  
Wednesday: 1 pm – 4 pm  
Saturday: 9 am – 11 am

### 9. Saint Kilian's Food Pantry

949-586-4440 / 26872 Estanciero, Mission Viejo  
Tues 10 am–1:30 pm; Friday 8:30 am–12 pm  
Info: pre-packaged groceries and supplies on first-come, first-served basis. No appt needed; ID and proof of address requested  
**New:** Recipients are requested to visit only pantry once a month.

### 10. Second Harvest Food Bank Drive- Through Food Pantry

2695 E Katella Ave, Anaheim (Honda Center)  
Every Saturday ongoing / 9 am – Noon

### 11. South County Outreach

949-380-8144 #207 (Food Appointment Hotline)  
7 Whatney, Suite B, Irvine  
Mon-Fri  
Info: Appointment required; pre-bagged food; serving South County only

## Volunteer Opportunities:

### **2-1-1 OC**

[volunteer@211oc.org](mailto:volunteer@211oc.org)

<https://211oc.org/get-involved/volunteer-opportunities.html>

*Community outreach and referral specialist*

### **Age Well Senior Services**

949-855-9766

*Assembling meals*

### **Helping Hands**

<https://helpinghands.community>

*Volunteer to help: Are you healthy and ready to help your neighbors? Create a profile on our website. You'll then be able to see things people need delivered and can select the neighbors you'd like to help.*

### **Jewish Federation & Family Services Orange County**

<https://jewishorangecounty.org/get-involved/volunteer>

*Pick up and delivery service for seniors' groceries and prescriptions*

### **OC Food Bank – Community Action Partnership**

<https://capoc.volunteerhub.com>

*Packing food boxes and food distribution*

### **Mercy House**

<https://mercyhouse.net/portfolios/emergency-shelter-volunteer/>

*Emergency shelter volunteer*

### **Saddleback Church**

[foodpantry@saddleback.com](mailto:foodpantry@saddleback.com)

<https://saddleback.com/connect/ministry/food-pantry>

*Food pantry assistance & food rescue drivers*

### **Second Harvest Food Bank**

<https://feedoc.org/volunteer/>

949-208-3176 or 949-208-3178

*Food box delivery and food distribution*